

64 DX

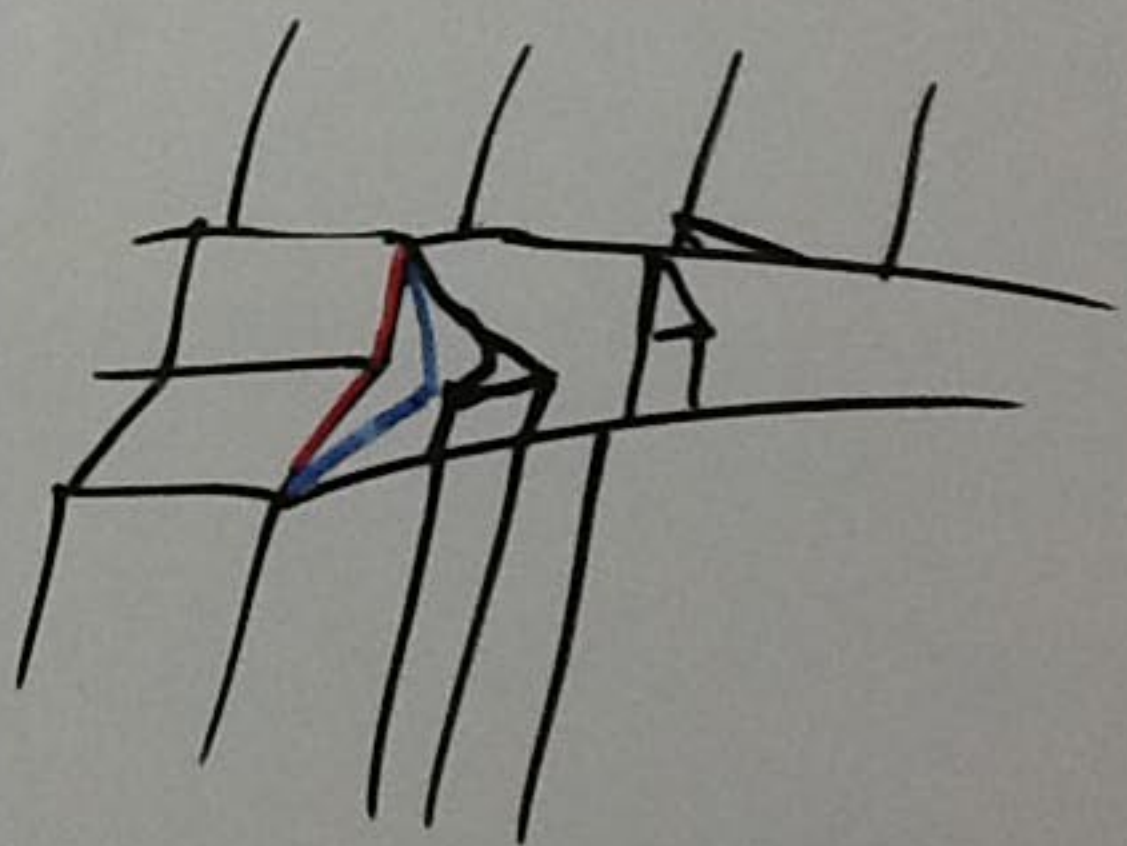
Leg Stretches
&

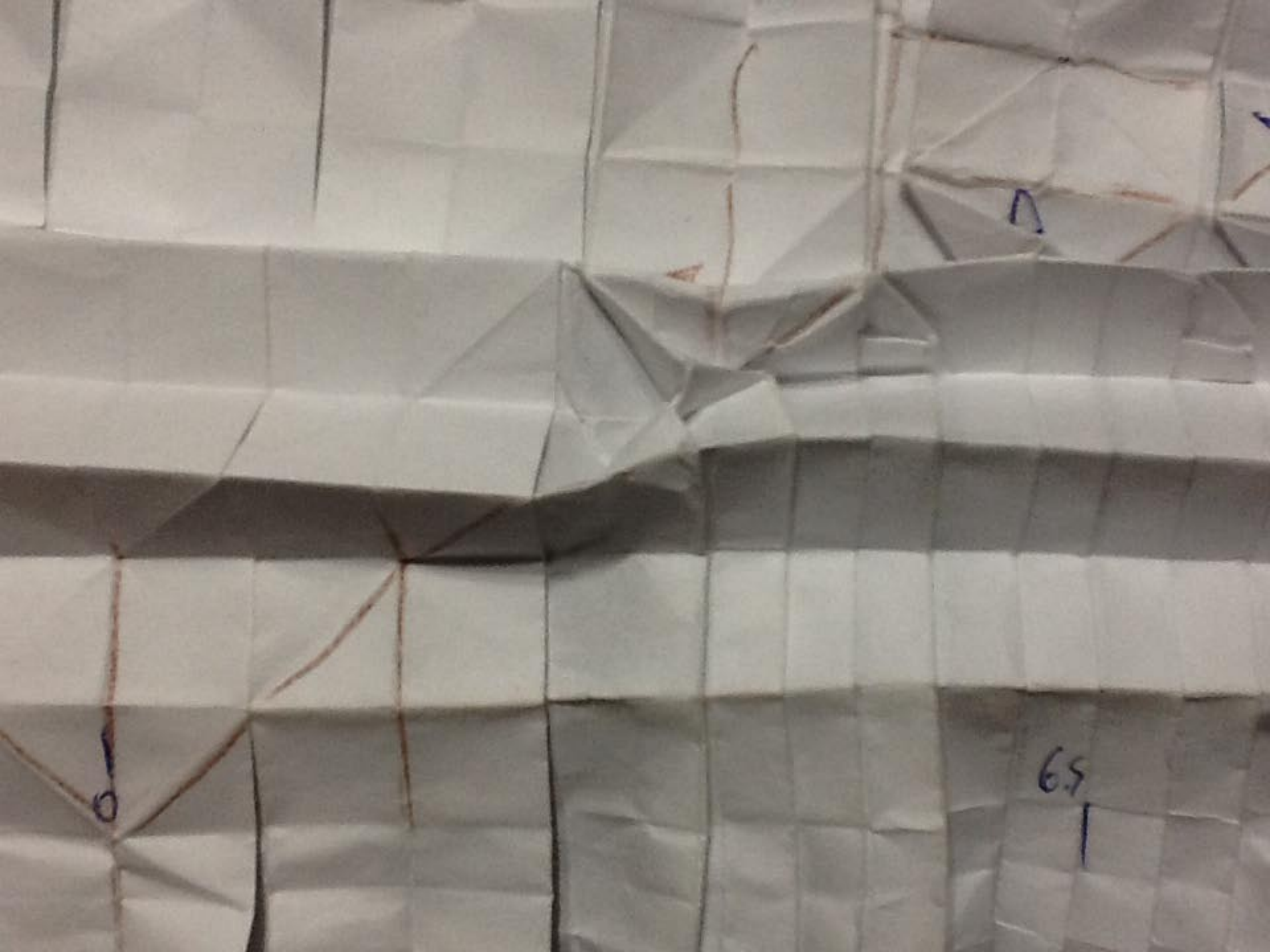
Pleat Collapses-

Lower - Upper

MV

Open up the left of
the Very Short T.U.-

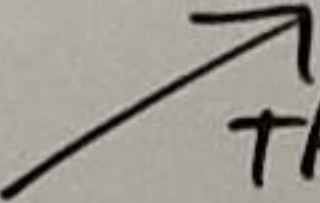




65

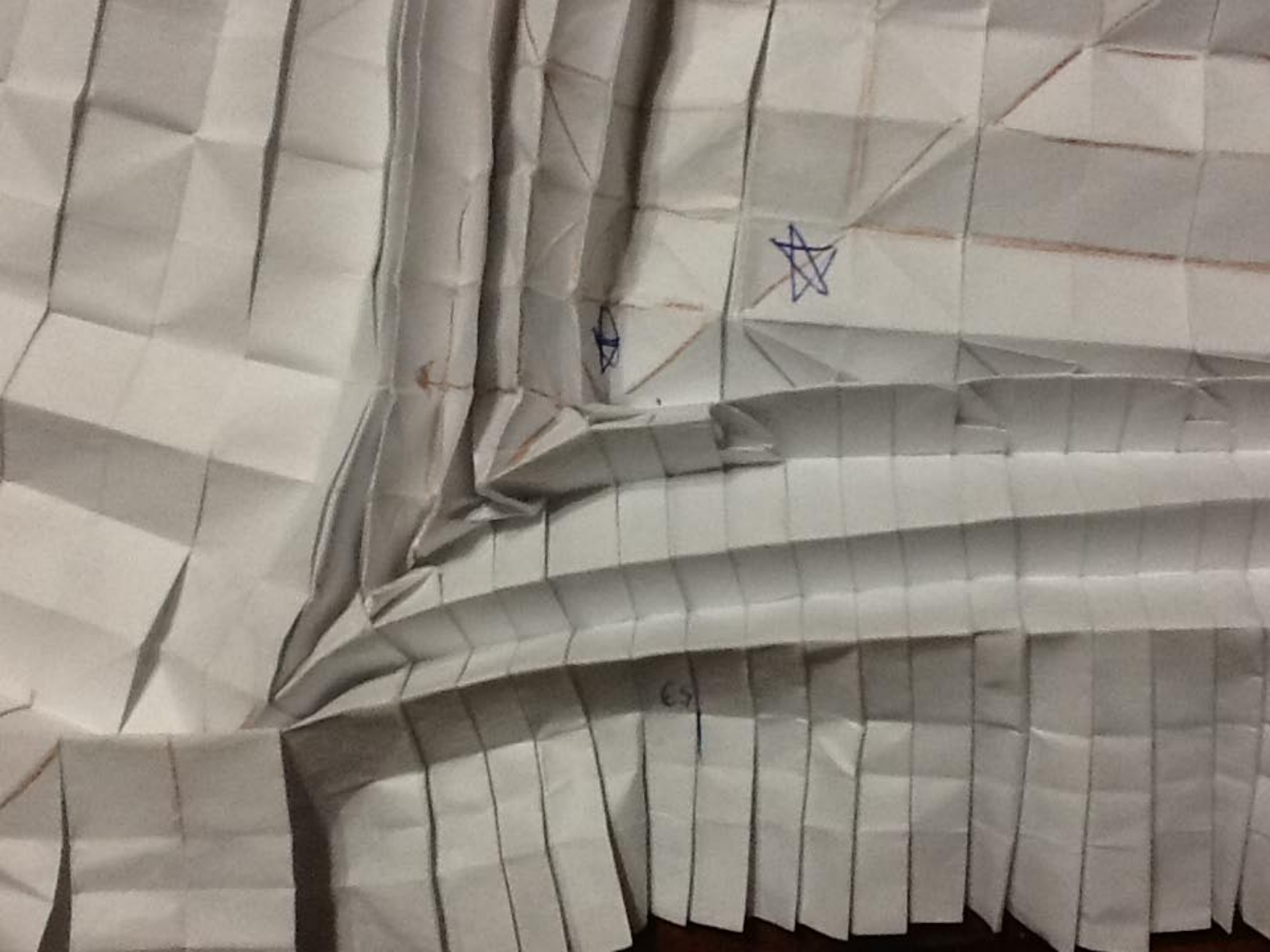
1

6

Head  This way
starting from the
inside right of the
V.S.T.U.



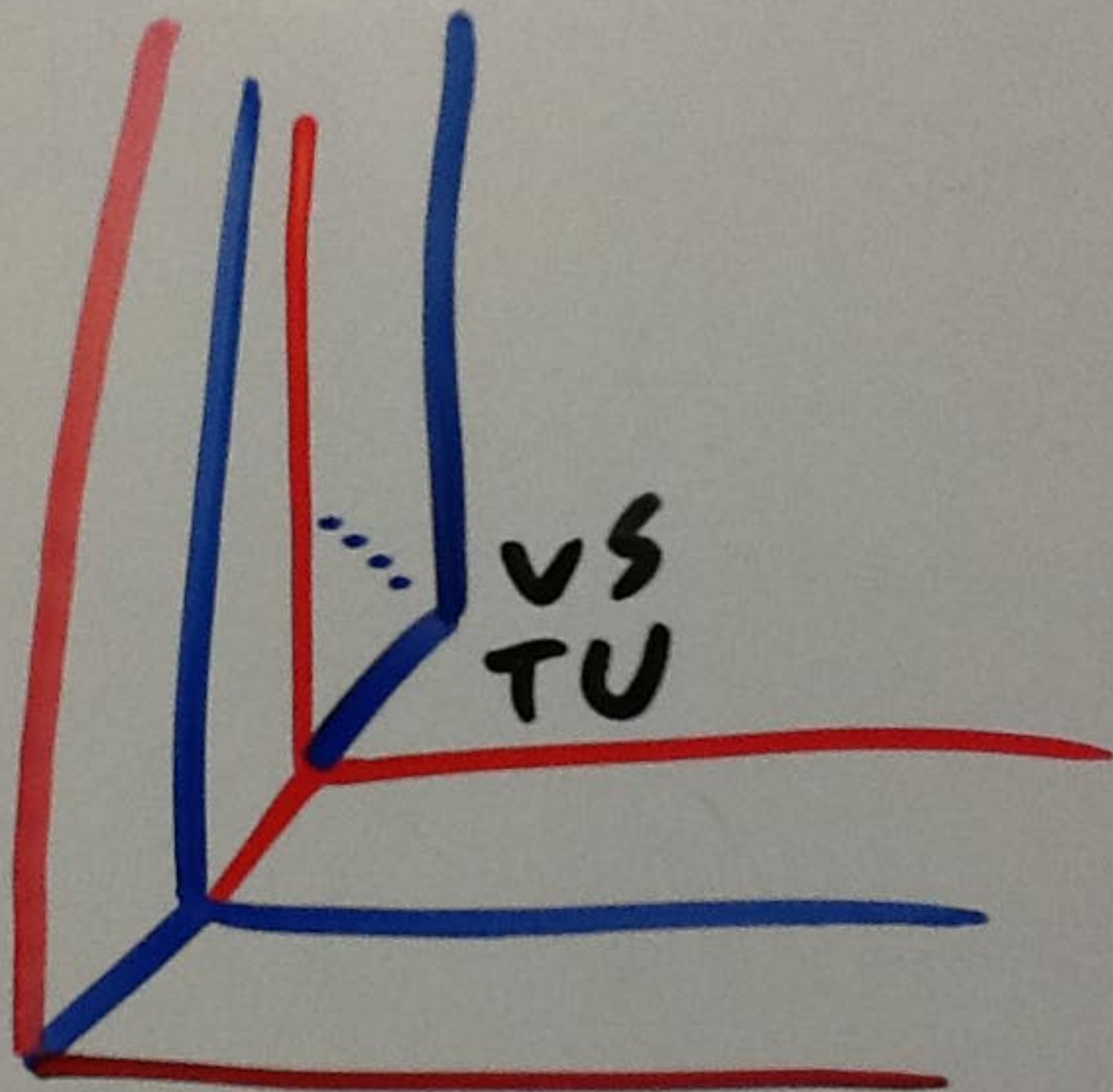
until you hit
the tall T.U.



MVC

Now head

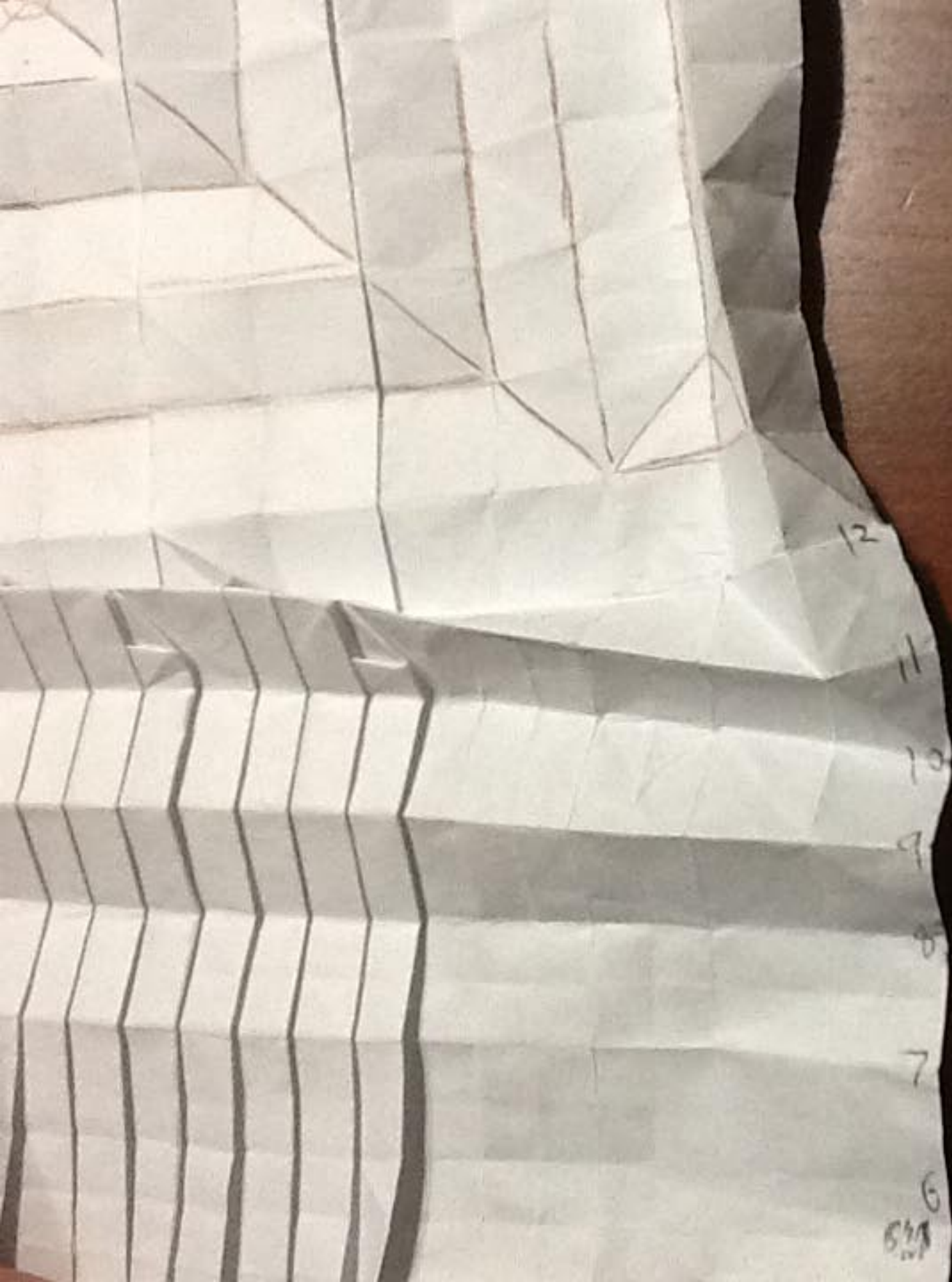
↙ this way



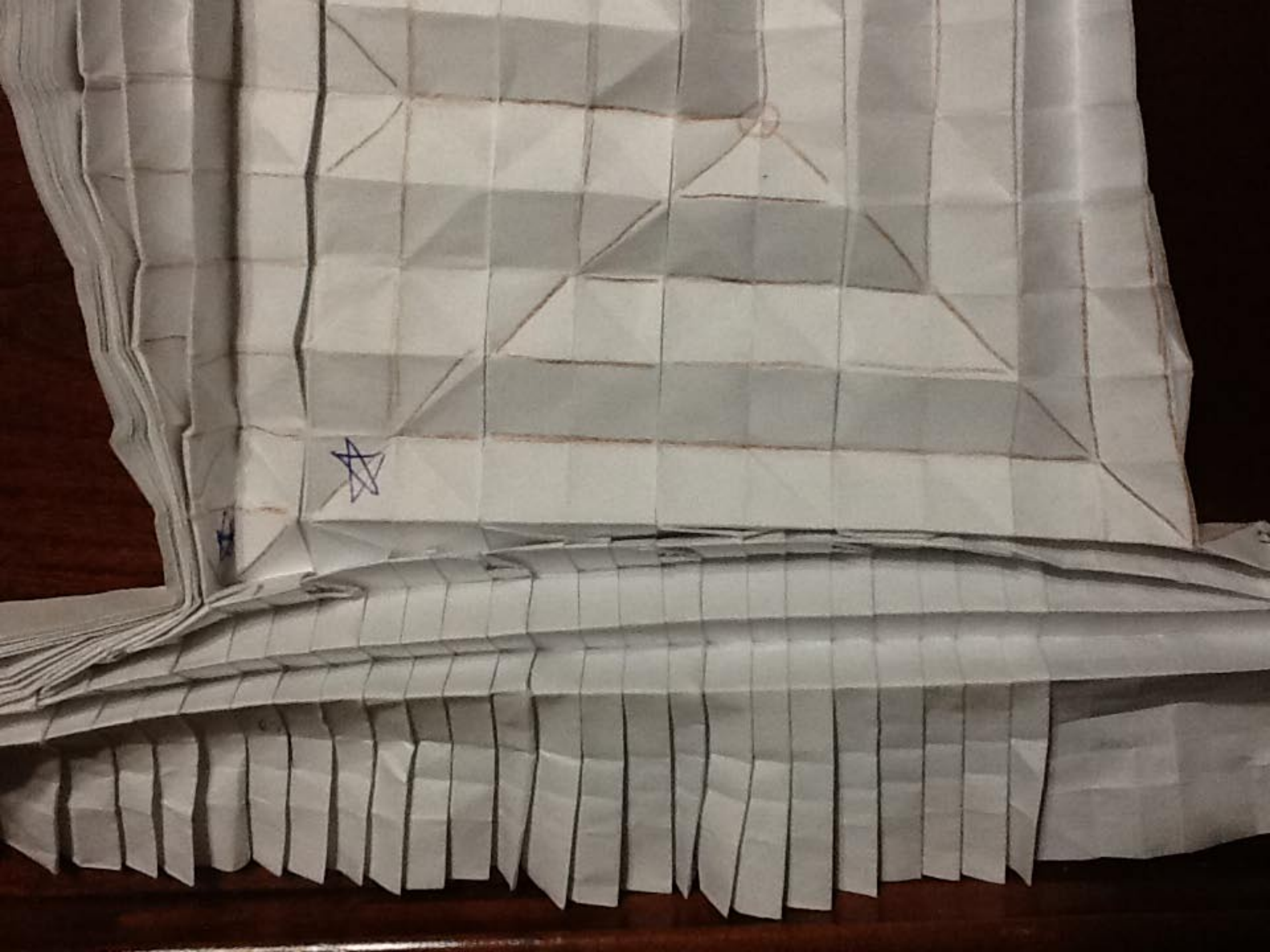




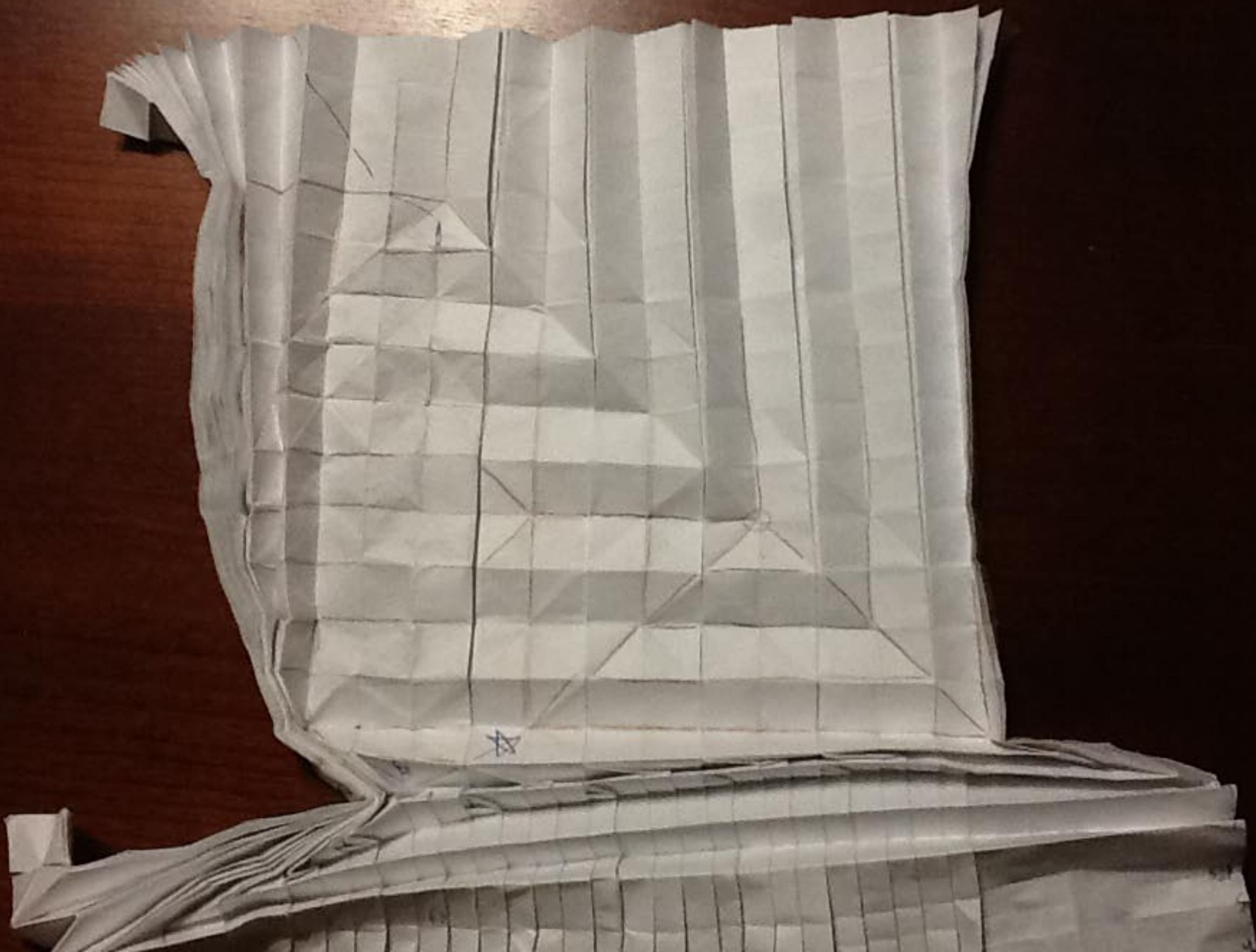


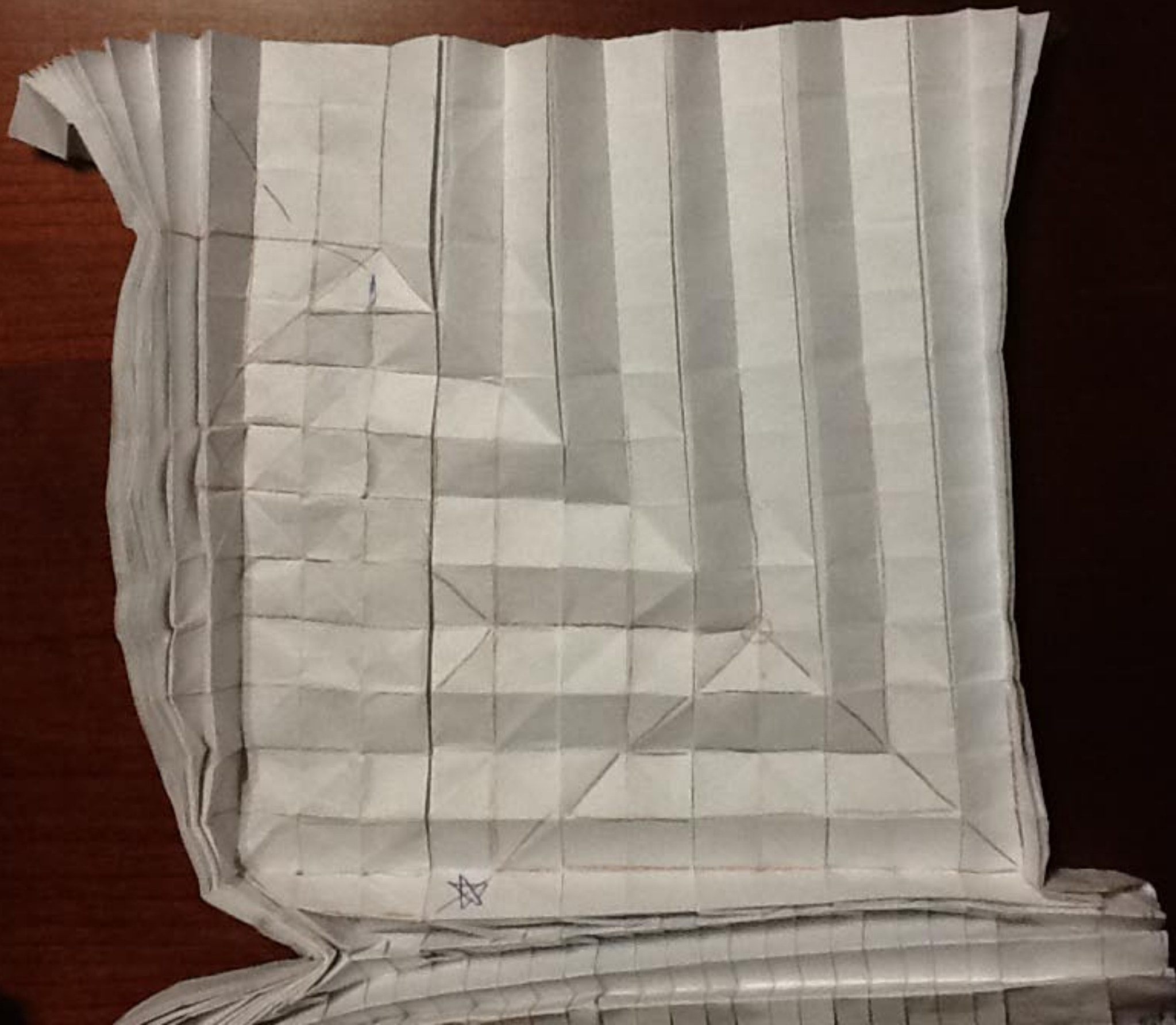




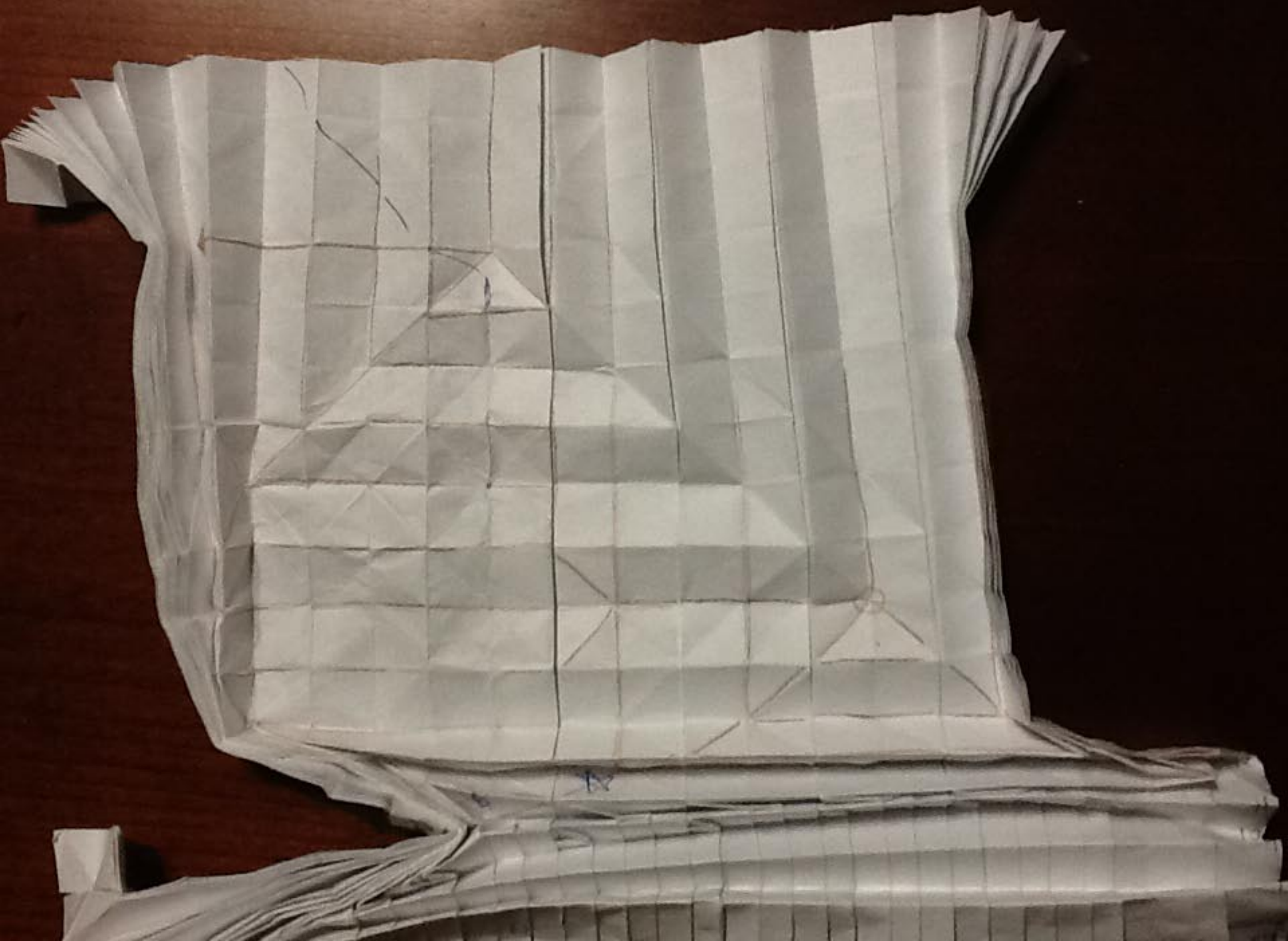


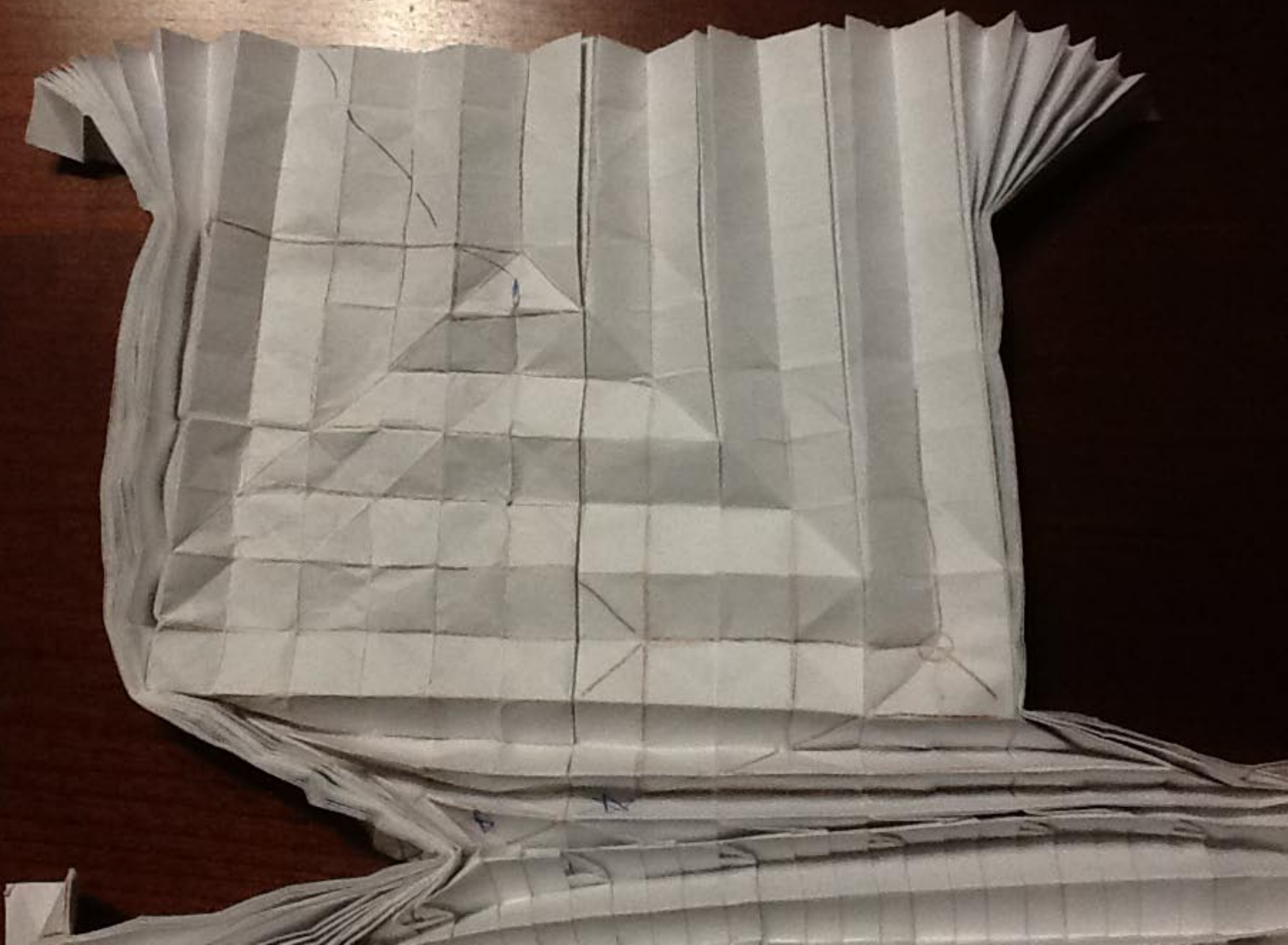


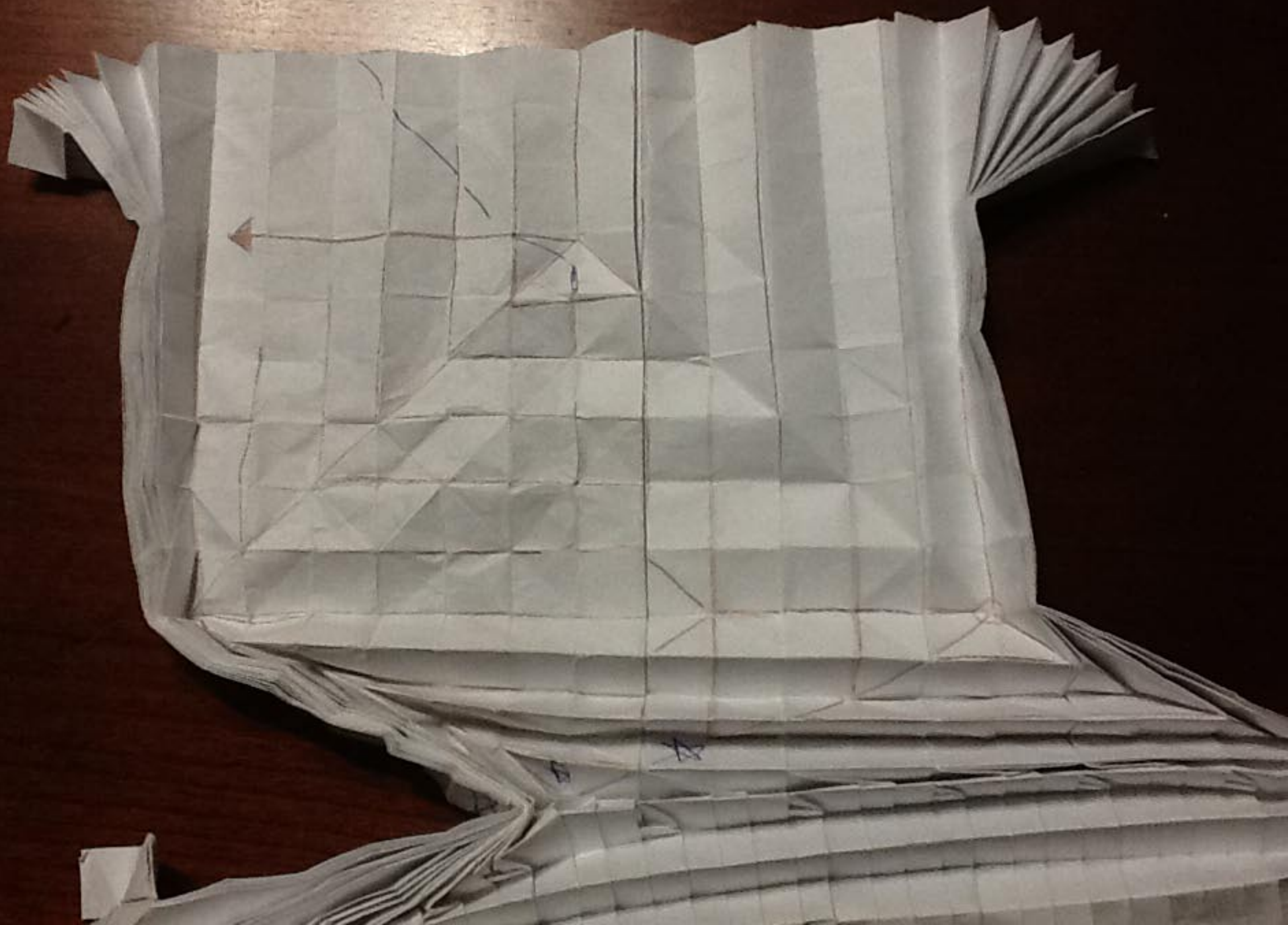










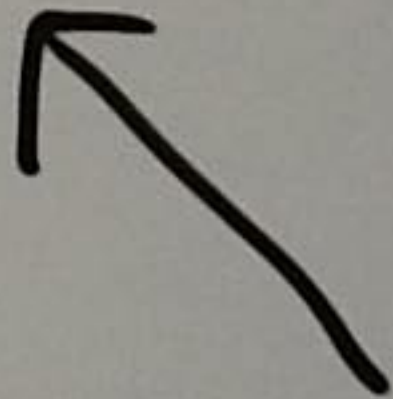








Collapse inward
from Very Short T.U.







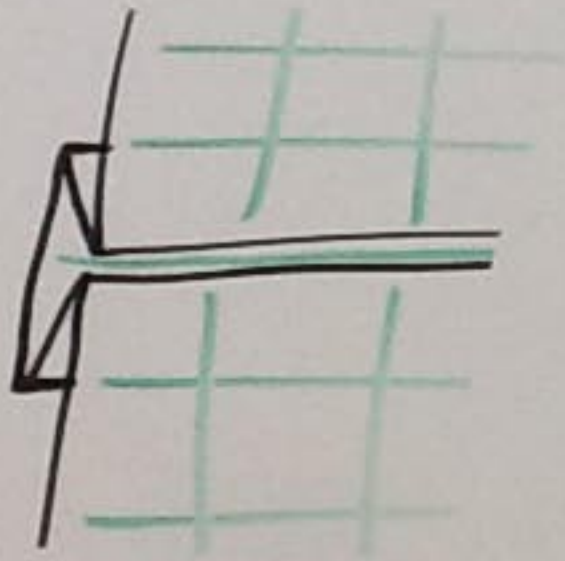




Open up the
left

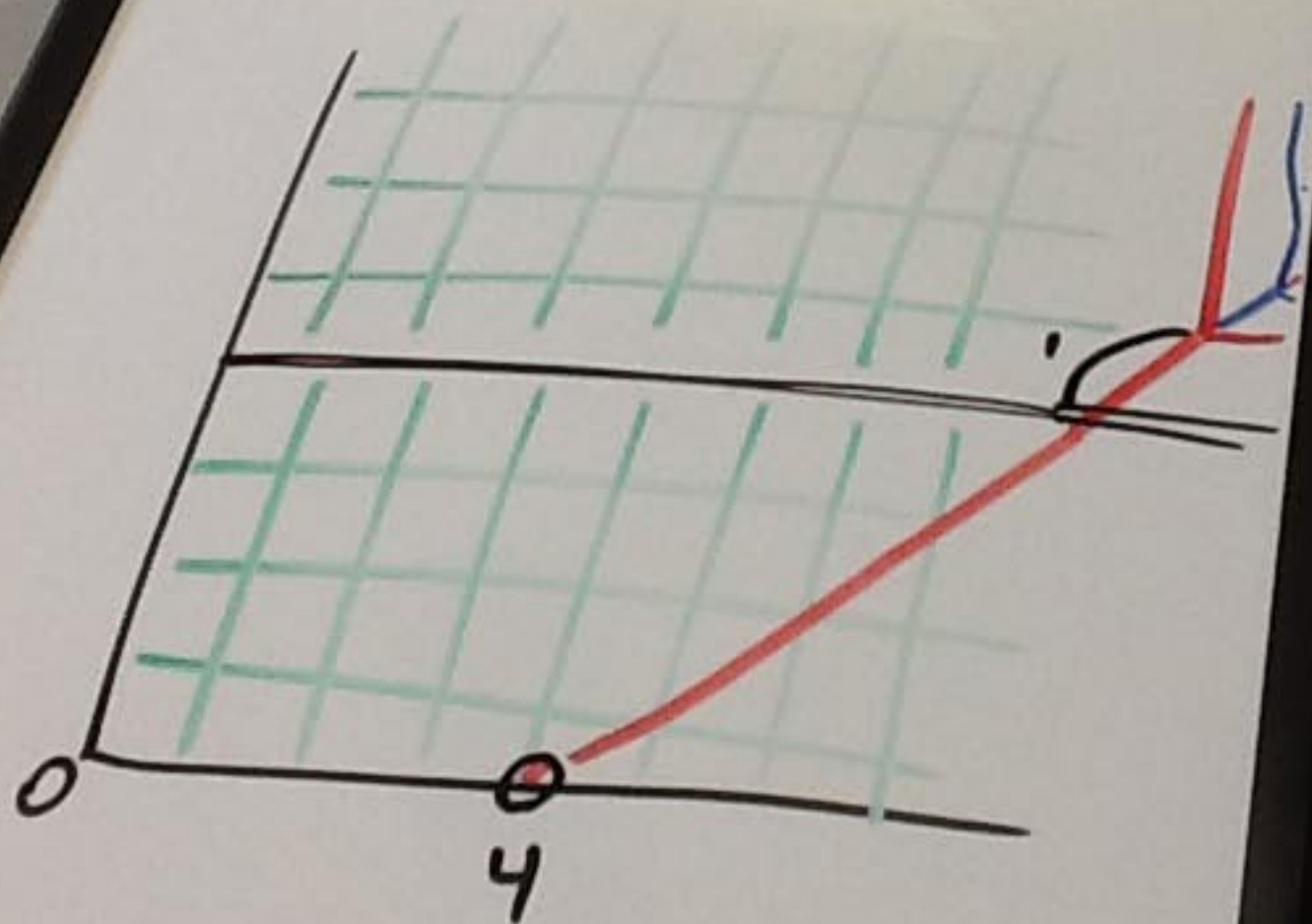
MVC

Only keep the neck
pleats



stretch
up the
others











Leave 1 pleat,
stretch this area
to the right.
Collapse left and
far right as you go.







MVC
Stretch to the
right until leg
is 6 units out

